

Valganciclovir

Indications: Treatment and prevention of herpesvirus family infections, primarily cytomegalovirus (CMV) infection

Mechanism of action: **Prodrug of ganciclovir.** Rapidly absorbed and **converted to Ganciclovir** by first-pass metabolism, by intestinal and hepatic esterases

Oral bioavailability is approximately 60%, compared to IV Ganciclovir

Use in Renal impairment:

Dose adjustment required

Increased risk of toxicity

Use in Pregnancy/ Breast feeding:
Teratogenicity in animal studies
Avoid unless benefit outweighs risk

Dose: Oral only. (Use Ganciclovir if IV required)

Used for: prevention of CMV disease (eg mismatched SOT recipients)
And: induction and/or maintenance tx of CMV disease if can absorb orals

Adverse effects (please see BNF) **Bone marrow suppression – significant risk**Renal toxicity

Neurotoxicity